Our Mission
The HEARTland Network exists to:

- promote excellence in education and training for osteopathic medical students, interns and residents to meet tomorrow's health care needs for Iowans as well as the nation.
- contribute to the advancement of knowledge through the fostering of research.
- promote innovation, creativity and excellence along the continuum of osteopathic medical education.

OPTI Program Contacts

Pamela Winslow, RN, BS
Executive Director
515.271.1469, pamela.winslow@dmu.edu

Jeff Gray, PhD
Director of Research
515.271.1506, jeffrey.gray@dmu.edu

"The HEARTland OPTI provides a comprehensive, seamless model of education for physician training – from colleges of osteopathic medicine through graduate medical education programs and beyond."

HEARTland Network
Health Education And Residency Training

Des Moines University
3200 Grand Avenue
Des Moines, IA 50312-4198
www.heartlandopti.org

✓ Educational Enhancement
✓ OMM
✓ Research
✓ Professional Development
✓ Resident Recruitment
What is the OPTI?

The Osteopathic Postdoctoral Training Institute is a consortium of teaching hospitals who have partnered with Des Moines University’s College of Osteopathic Medicine (DMU-COM) in pursuit of excellence in internship and residency training.

The Health Education and Residency Training Network (HEARTland Network) has been developed to ensure the educational continuum for DMU’s osteopathic medical graduates.

The HEARTland Network was established to support and promote excellence in the continuum of osteopathic medical education that begins with matriculation at an osteopathic medical school and extends through residency training and continuing medical education.

Our OPTI members agree to collaborate on areas of mutual interest and benefit, including educational standards, academic programs, grant acquisition, evaluation activities, professional development, curricular development, continuing medical education, research/scholarly activity, marketing, promotion and recruitment.

OPTI Benefits

✓ OPP Curriculum Integration
  Resident Education Days
  • Simulation laboratory experience
  • Standardized patient laboratory scenarios
  • Skills labs
  • Didactic presentations

✓ OPP Curriculum Integration
  Workshops conducted by University faculty
  • Hands-on practice
  • Principles and practice didactics

✓ Professional Development for Residents & Faculty

✓ Research Education, Support and Development

✓ Resident Recruitment

✓ New Program/Dual-Accreditation Consultation & Development

Osteopathic Principles and Practice (OPP)

We are committed to advancing the presence of OPP in the clinical education setting. In this regard, the HEARTland Network supports knowledge of the clinical application of osteopathic manual treatment (OMT) as a treatment technique and how to best train future osteopathic physicians in this skill. To this end, all our members are engaged in research focused on determining mechanisms, efficacy and characteristics of both palpatory diagnosis and OMT.

Research

• Support the clinical research and scholarly activity of Network members.
• Assure that each resident has the opportunity and assistance for research, when requested.
• Provide opportunities and assistance to residents in the presentation and/or publication of their research.

Professional Development

• Initiation and performance of individual program needs assessment.
• Provide professional development support as needed for the program/faculty/residents/students.

Nondiscrimination and Equal Opportunity Policy

It is a policy of the HEARTland Network to ensure equal employment opportunity without discrimination or harassment on the basis of race, color, religion, sex, national origin, ancestry, sexual orientation, age, disability, marital status, citizenship or any other characteristic protected by law. The HEARTland Network prohibits any such discrimination or harassment.